

RESUME

**SHOBODE, Mutaleeb Ayodele. MB; BS, MSc, MHE, FWACS,
FMC(Ortho), FAOSpine.**

34, Somosu Street, Aguda, Surulere, Lagos, Nigeria.

mutaleebahmad@yahoo.com; motaleebshobode@gmail.com

+234-802-6866655, +234-803-8223447

BIODATA

Date of Birth: 14th March 1978
Place of Birth: Ikeja, Lagos
Sex: Male
Nationality: Nigerian
Marital status: Married
Blood Group: O Positive



EDUCATION

- Qualification obtained: **Masters in Orthopaedics and Trauma. In view
University of Edinburgh, UK.**
- Qualification Obtained: **MBA (Health Care Management and Entrepreneurship).
In View.
Dangote Business School, Bayero University, Kano.**
- Qualification obtained: **Certificate in Leadership and Management in Health.
Professional Development.** December, 2017
University of Washington, US.
- Qualification obtained: **Masters in Health Economics, 2017
Bayero University Kano, Nigeria.**
- Qualification obtained: **MSc Anatomy (Distinction), 2010/2011.
Master of Science anatomy, University of Lagos, Nigeria.**
- Qualification obtained: **M.B;B.S . October 2002.**

Bachelor of Medicine; Bachelor of Surgery, University of Ibadan College of Medicine, Ibadan, Nigeria.

- Qualification obtained: **SSCE**, June 1994.
Senior Secondary Certificate Examination, St Joseph Secondary School, Agege.

PROFESSIONAL QUALIFICATIONS/ FELLOWSHIPS

- West African College of Surgeons (FWACS) - 2014
- Medical College of Orthopaedics (FMC Ortho) - 2015
- AO Spine (FAOSpine) - 2015

APPOINTMENTS

1. **Consultant Spine/Arthroplasty Surgeon.** National Orthopaedic Hospital, Dala, Kano, Nigeria. January 2016 Till Date
2. **Principal Partner/ Consultant Spine/Arthroplasty Surgeon.** Primrose Specialist Hospital, Gbagada Phase 2, Lagos, Nigeria. December 2015 Till Date.
3. **Managing Editor.** Dala Journal of Orthopaedics. May 2016 Till date.
4. **Lecturer.** Department of Anatomy, Bayero University, Kano, Nigeria. December 2016 Till Date. **Volunteering.**
5. **Director.** Rebuilding Hope on Wheels Initiative (**RHOWI**), kano, Nigeria. A Non-governmental Organisation for **the Spine Injured Patients**. January 2016 Till Date.
6. **Treasurer.** Nigeria Orthopaedic Association, Zone 2. April 2016 Till Date.
7. **Director.** STENO Memorial Foundation. A Non-governmental Organisation that provides career talks for high school children, guidance and counselling, and twice yearly pro bono surgical care for indigent patients in various parts of Nigeria. Since inception in 2015, over 170 surgical procedures have been performed. 2015 Till Date.

FELLOWSHIP TRAININGS

1. **Spine/Arthroplasty Fellowship:** Soundarapandian Bone and Joint Hospital, Chennai, India. June to August 2013.
2. **Spine/Arthroplasty Fellowship:** Taipei Veterans General Hospital/ National Yao-Ming University, Taipei/ Taiwan International Healthcare Training Centre, Taipei, Taiwan. September to November, 2013.
3. **Spine Fellowship:** AO Spine/ Medicabil Hospital, Bursa, Turkey. May to July 2015.

EMPLOYMENT HISTORY, RESEARCH & TRAINING

- National Orthopaedic Hospital, Dala, Kano, Nigeria
Position: **Attending (Consultant) Orthopaedic Surgeon – Spine Surgery and Arthroplasty. January 2016 – till date.**
- Bayero University Kano, Kano, Nigeria
Lecturer, Department of Anatomy
December 2016 – till date.
- Primrose Specialist Hospital, Gbagada, Lagos, Nigeria
Principal Partner/ Consultant Spine & Arthroplasty Surgeon
December 2015 – till date.
- Medicabil Hospital, Bursa, Turkey.
Clinical Fellowship in Spine
Position: Clinical Fellow (May 2015 – July 2015)
- National Orthopaedic Hospital, Igbobi, Lagos, Nigeria.
Department of Orthopaedics
Position: Post Fellowship Senior registrar (Oct.2014 – April 2015)
- National Orthopaedic Hospital, Igbobi, Lagos, Nigeria.
Department of Orthopaedics
Position: Senior registrar (2011 - 2014)
- Taipei Veterans General Hospital, Taiwan.
Clinical Fellowship Training in Athroplasty and Spine
Position: Clinical Fellow (September – November, 2013)
- Soundarapandian Bone and Joint Hospital and Research Institute, Chennai, India.
Clinical Fellowship Training in Athroplasty and Spine
Position: Clinical Fellow (June – September, 2013).
- Lagos University Teaching Hospital, Lagos, Nigeria.
Department of Surgery (General Surgery, Urology, Cardiothoracic Surgery, Paediatric Surgery and Anaesthesia)
Position: Registrar (2010 – 2011)
- National Orthopaedic Hospital, Igbobi, Lagos, Nigeria.
Department of Orthopaedics
Position: Registrar (2008 – 2010)

- Lagos University Teaching Hospital, Lagos, Nigeria.
Department of Accident and Emergency
Position: Casualty Officer (2007 – 2008)
- Royal Salvation Hospital, Ikeja, Lagos, Nigeria.
Position: Medical Officer (2005 – 2007)
- Government House Clinic, Jalingo, Taraba State, Nigeria.
Position: Medical Officer of Health (2004 – 2005)
- University College Hospital, Ibadan, Oyo State, Nigeria.
Position: House Officer (2003 – 2004)

DISSERTATIONS

The Effects of Flutamide, Cissus Populnea and Panax Ginseng on the Accessory Organs of Reproduction of Prepubertal Male Sprague-Dawley Rats.

Early Outcomes of Operative Management of Traumatic Humeral Shaft Fractures in Adults at the National Orthopaedic Hospital Igbobi, Lagos

The Relationship between the Severity of Low Back Pain and Lumbar Intervertebral Disc Degeneration on Magnetic Resonance Imaging.

PUBLICATIONS

1. Management of Acute Traumatic Spine Injury: The Dala Experience.
2. Outcome of Management of Tuberculous Spondylitis: A 5 year Review of 162 cases.
3. The use of Pedicle Screws and Rod as Lateral Body Mass Screws to improve stability of Interbody Cage in Anterior Decompression: A case series.
4. Treatment of severe Tuberculous kyphosis using 540 degrees Spinal Reconstruction with Fibular Strut Graft: A case report.
5. Management of Cervical Spondylosis and spondylotic Myelopathy at The National Orthopaedic Hospital, dala, Kano.

UNPUBLISHED ARTICLES

1. Lumbar Disc Degeneration with Canal Stenosis Complicating Retained Bullet in the Disc Space: A Case Report

2. A comparative study of the early outcome of TLIF and PLIF in the operative treatment of degenerative lumbar spine diseases with instability
3. Treatment of Complicated Posttraumatic Fixed Kyphoscoliotic Deformity with Positive Spinal Sagittal Imbalance of the Thoracolumbar Spine following Posterior Plates and Screws Fixation using Two Level Smith Peterson Osteotomy, Spondylectomy and an Anterior Support in a 540 degrees Construct: A Case Report
4. A Comparative Study of the Fusion Rate following Non-instrumented and Instrumented Single Level Anterior Cervical Discectomy and Fusion (ACDF) using Tricortical Bone Graft.
5. Association between the Severity of Low Back Pain and Degenerative Disc Disease on Magnetic Resonance Imaging
6. Civilian GunShot Injury of the Spine: A Case Series
7. Management of Tandem Spinal Stenosis: A review of 65 cases
8. Spinal injuries from falls in shallow wells: a review of 4 cases
9. Standalone Short Segment Vs Long Segment Posterior Transpedicular Screw- Rod Instrumentation in the Treatment of Unstable Thoracolumbar Spine Fracture: A Review of 46 cases
10. The Relationship between Body Weight and the Development and Progression of Lumbar Degenerative Disc Disease
11. Traumatic spinal cord injury in northern Nigeria: Cautionary notes about falls from Baobab/ Ebony Trees.
12. Treatment of Missed Traumatic Spondylolisthesis of the Cervicothoracic Junction with Kyphotic Deformity: A Case Report.
13. Management of Post-traumatic Kyphotic Deformity of the Thoracolumbar Spine: The Dala Experience.
14. Single- stage Posterior Debridement and Spondylectomy with Column Shortening for Tuberculous Spondylitis of the Lumbar Spine with Kyphotic Deformity: A Case Report
15. Bizarre Pathomechanics of Spine Trauma in Northern Nigeria: An Audit of 53 Cases
16. Results of Management of Post-operative Complications of the Lumbar Spine in Adults: A review of 204 Consecutive Lumbar Spine Surgeries in Dala.
17. A Comparative Study of Sub-arachnoid Block and General Anaesthesia in Elective Lumbar Spine Surgery: A Review of 89 Cases
18. Results of Management of Penetrating Injuries of The Spine in Dala: A Case Series.

MEMBERSHIP OF ASSOCIATIONS & PROFESSIONAL BODIES

- **Member:** Anatomical Society of Nigeria. 2018
- **Member:** Nigerian Spine Society (NSS). 2016 Till Date.
- **Member:** West African Spine and Scoliosis Society (WASSS). 2016 till Date.
- **Director:** Rebuilding Hope on Wheels Initiative (RHOWI), Nigeria, 2016 till date.

- **Treasurer:** Nigeria Orthopaedic Association, **NOA**, Zone 2. July 2016 till date
- **Member:** North American Spine Society, 2016
- **Member:** Medical and Dental Consultants Association of Nigeria (**MDCAN**). May 2015 till date.
- **Fellow:** AO Spine, 2015
- **Member:** Eurospine, 2015.
- **Fellow:** Medical College of Orthopaedics, 2015.
- **Fellow:** West African College of Surgeons, October 2014.
- **Member:** European Society of Sports Traumatology, Knee Surgery and Arthroscopy, May 2015.
- **Member:** International Cartilage Repair Society, July 2013.
- **Member:** International Osteoporosis foundation, June 2013.
- **International Affiliate Member:** American Academy of Orthopaedic Surgeons, April 2013.
- **Member:** SICOT, July 2012.
- **Member:** AO Foundation/ AO Spine, June 2012.
- **Associate Fellow:** West African College of Surgeons, October 2011.
- **Associate Fellow:** National Postgraduate Medical College of Nigeria, November 2011.
- **Member:** Nigeria Medical Association.
- **Member:** Nigeria Orthopaedic Association.
- **President:** Association of Resident Doctors, National Orthopaedic Hospital Igbobi, Lagos. 2012 – 2013.

WORKSHOPS /COURSES & CONFERENCES

- 53rd Annual Meeting and Course, Scoliosis Research Society. Bologna, Italy. October, 2018.
- Eurospine Annual meeting, Barcelona, Spain. September, 2018
- 12th AOSpine Advanced Level Live-Tissue Course – Complications Management in Spine Access Surgery. Strasbourg, France. September, 2018.
- AOSpine Principles Course – Spinal Trauma, Degenerative Diseases and Infections, Owerri, Nigeria. August, 2018
- Eurospine Diploma/ Education Week. Strasbourg, France. June, 2018.
- Eurospine Spring Specialty Meeting. Vienna, Austria. April 2018.
- American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting. New Orleans, Louisiana. USA. March 2018.
- SSA Medtronic Spine Cadaveric Workshop. Medical and Surgical Skills Institute, Korle-bu Teaching Hospital, Accra, Ghana. 22nd to 23rd January, 2018.
- EUROSPINE Critical Appraisal of the Spine Literature, the Fundamentals, Toulouse, France. January, 2018.
- 14th Basic Clinical Biomechanics in Orthopaedics Course, The Royal Society of Medicine, London, UK. December, 2017.

- Leeds Orthopaedic Biomechanics Course, Institute of Medical and Biological Engineering, University of Leeds, UK. December 2017.
- 40th Annual General Meeting/ Scientific Conference, Nigeria Orthopaedic Association (NOA), Asaba. November, 2017
- DePuy Synthes/ Johnson and Johnson Instructional course on Degenerative Spine Disease/ Cadaveric Workshop, Asaba, Delta State, Nigeria. November 2017.
- AOSpine Advanced Symposium – Quandaries in the Management of Spinal Pathologies. Cardiff, UK. November 10 – 11, 2017.
- AOSpine Advanced Symposium – The Cervical Spine: Degenerative Diseases and Trauma. Riga, Latvia. November 2 – 3, 2017.
- West African College of Surgeons (Faculty of Surgery) 2nd Training of Examiners. Ibadan, Oyo State, Nigeria. 15th to 16th October, 2017.
- AO Spine Advanced Course: Anterior Spine Surgery and Approaches, Innsbruck, Austria. September 2017.
- Global Spine Congress, Milan, Italy. May, 2017
- American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting. San Diego, California, USA. March 2017.
- AO Spine Course, Davos, Switzerland. December, 2016.
- Good Clinical Practices Course, Davos, Switzerland. December, 2016.
- 39th Annual General Meeting/ Scientific Conference, Nigeria Orthopaedic Association (NOA), Abuja. November, 2016
- Zimmer-Biomet Revision Knee Instructional Course, Abuja, Nigeria. November, 2016.
- Zimmer-Biomet Primary Knee Instructional Course, Abuja, Nigeria. November, 2016.
- Eurospine Annual meeting, Berlin, Germany. October, 2016
- 37th SICOT Orthopaedic World Congress, Rome, Italy. September, 2016.
- Arthroscopy and Arthroplasty Utrecht. Instructional Course on Elbow Arthroscopy and Arthroplasty. Utrecht, The Netherlands. July 2016.
- World Forum for Spine Research and Global Spine Congress, Dubai, April 2016.
- 38th Annual general Meeting/ scientific Conference, Nigeria orthopaedic Association (NOA), Akure, Ondo, Nigeria. Nov. 2015
- AO Spine Principles Course: Everything you always wanted to know about Thoracolumbar Spine Basics. Nijmegen, The Netherlands, Oct. 2015.
- AO Trauma Advanced Principles of Operative Fracture Management. Ljubljana, Slovenia Oct 2015.
- American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting. Las Vegas, Nevada, USA. March 2015.
- AO Trauma Peri-prosthetic Fracture Course. Leeds, U.K. February, 2015.
- AO Trauma Hand Fixation Course, Leeds, U.K. October, 2014.
- Basic Principles of Hip and Knee Arthroplasty, Lagos, Nigeria. August, 2014.
- FOCOS Spine Deformity Workshop, Lagos, Nigeria. August, 2014.
- AO Spine Principles Course, Windhoek, Namibia. June 2014.
- American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting. New Orleans, Louisiana. USA. March 2014.
- AO Spine Principles Symposium – Cervical Spine, Barcelona, Spain. February 2014.
- Health Management and Ethics Course, West African College of Surgeons. Ibadan, Nigeria. January 2014.

- Spine Surgical Skills Course, Lagos, Nigeria. December 2013.
- Intensive Revision Course in Orthopaedics and Trauma Surgery, Dala, Kano, Nigeria. November 2013.
- AO Trauma Seminar – Paediatric Orthopaedic Challenge and Recent Advances. Hong Kong. October 2013.
- AO Trauma Principles of Operative Fracture Management, Chennai, India. August 2013.
- Cadaveric Workshop on Lumbar Microdiscectomy, Conventional Discectomy and Lumbar Pedicle screw Instrumentation. Bangalore, India. August 2013.
- 3rd INDO – US Shoulder Arthroscopy Course and Workshop, Coimbatore, India. August 2013.
- IGOF Course on Trauma and Joint Replacement, Vishakhapatnam, India. August 2013.
- Advanced Arthroplasty Course, Modular Hips, Bangalore, India. July 2013
- Cadaveric Primary knee Arthroplasty Course, Bangalore, India. July 2013.
- 11th Calicut Ortho Course, Kozhikode, Kerala, India. July 2013.
- International Advanced Arthroscopy Course, AthroChennai, India. June 2013.
- Intensive Revision Course of the Faculty of Orthopaedics, National Postgraduate Medical College; Lagos, Aug –Sept 2012.
- Research Methodology in Medicine Course, Lagos, Nigeria. August 2012
- World Forum for Spine Research, Helsinki, Finland. June 2012.
- Manuscript Writing Workshop of the West African College of Surgeons, Abuja, Nigeria. May 2012.
- Update Course of the West African College of Surgeons, Zaria, Nigeria. September 2011.
- Update Course of the National Postgraduate Medical College of Nigeria, Lagos, Nigeria. March 2011.
- Introduction to Basic Surgical Skills Course of the Association of Surgeons of Great Britain and Ireland and the Royal College of Surgeons, Lagos, Nigeria. February 2010.
- Cardiopulmonary Resuscitation Course, Lagos University Teaching Hospital, Lagos, Nigeria. 2008.

LECTURES

1. **Tribology and Biomaterials in Orthopaedics.** West African College of Surgeons Revision Course in Orthopaedics. Kano, Nigeria. September, 2017.
2. **Principles of Prosthesis and Orthosis Fitting.** West African College of Surgeons Revision Course in Orthopaedics. Kano, Nigeria. September, 2017.
3. **Gait and Clinical Biomechanics.** West African College of Surgeons Revision Course in Orthopaedics. Kano, Nigeria. September, 2017.

4. **Fractures around the Elbow.** West African College of Surgeons Revision Course in Orthopaedics. Kano, Nigeria. September, 2017.
5. **Classification of Scoliosis/ Adolescent Idiopathic Thoracolumbar Scoliosis.** West African College of Surgeons Revision Course in Orthopaedics. Kano, Nigeria. September, 2017.
6. **Management of Spinal Cord Injury.** West African College of Surgeons Revision Course in Orthopaedics. Kano, Nigeria. September, 2017.
7. **Natural History of Adult Scoliotic Spine.** DePuy Synthes Pre-conference Workshop on Degenerative Lumbar Spine Disease, Asaba, Nigeria. November 2017.
8. **Principles of Decompression in Lumbar Spinal Stenosis:** DePuy Synthes Pre-conference Workshop on Degenerative Lumbar Spine Disease, Asaba, Nigeria. November 2017.
9. **Assessment of Spino-pelvic Balance:** DePuy Synthes Pre-conference Workshop on Degenerative Lumbar Spine Disease, Asaba, Nigeria. November 2017.
10. **Faculty Member/ Instructor:** DePuy Synthes Cadaveric Workshop on Approaches to the Spine, Spine Instrumentation and Decompression. Asaba, Nigeria. November, 2017.

AWARDS/ EXTRA-CURRICULAR ACTIVITIES

1. **President.** Association of Resident Doctors, National Orthopaedic Hospital, Lagos, Nigeria. 2012 to 2013.
2. **Vice President.** Association of Resident Doctors, National Orthopaedic Hospital, Lagos, Nigeria. 2011 to 2012.
3. **Assistant General Secretary.** Association of Resident Doctors, National Orthopaedic Hospital, Lagos, Nigeria. 2009 to 2010.
4. **Head. Anatomy Demonstrators' Forum.** Department of Anatomy, University of Ibadan, Nigeria. 2000 Till 2002.
5. **Anatomy Demonstrator.** Department of Anatomy, University of Ibadan, Nigeria. 1998 Till 2002.
6. **News and Quiz Editor.** DOKITA Editorial Board, College of Medicine, University of Ibadan, Nigeria. 2001 to 2002.
7. **Member, THE FORUM.** College of Medicine, University of Ibadan, Nigeria. 1998 to 2002.
8. **Information and Internal Affairs Minister.** Alexander Brown Hall, College of Medicine, University of Ibadan, Nigeria. 2001 to 2002.

9. **The Director. Academic Committee.** Alexander Brown Hall, College of Medicine, University of Ibadan, Nigeria. 2001 to 2002.
10. **Treasurer, Football Club.** Alexander Brown Hall, College of Medicine, University of Ibadan, Nigeria. 2001 to 2002
11. **Member, Quiz Team.** Alexander Brown Hall and College of Medicine, University of Ibadan, Nigeria. 2000 to 2002.
12. **Assistant Senior Prefect.** St. Joseph Secondary School, Idi-Mangoro, Agege, Lagos, Nigeria. 1993 to 1994.

INTERESTS

- Basic Orthopaedic Science; Degenerative Spine; Spine Deformity (Paediatric and adult spine); Spine Trauma; Spine Infection and Tumour; Hip/Knee/Shoulder Arthroplasty; Trauma.
- Kinesiology and Spine/Joint Biomechanics
- Basic Medical and Clinical Research.
- Health Care Management.

HOBBIES

Swimming
Soccer
Tennis

REFEREES

Dr. Kabir Abubakar. FWACS, FAO Spine
Consultant Spine Surgeon
National Orthopaedic Hospital, Kano, Nigeria.
Kabir.abubakar@gmail.com
+2348035953534, +2348054484944

Dr Mohammad Nuhu Salihu FWACS
Consultant Arthroplasty Surgeon
National Orthopaedic Hospital, Kano, Nigeria.
mohammednsalihu@yahoo.com
+2348035514664

Prof Ufuk Aydinli

Consultant Spine Surgeon/ AO Spine Educational Consultant.
Medicabil Hospital, Bursa, Turkey.

aydinliufuk@gmail.com

+905322864898

Dr. M. F. Alimi. FMC Ortho, FAO Spine

Consultant Spine Surgeon

National Orthopaedic Hospital, Igbobi, Lagos, Nigeria,

ajanyah@gmail.com

+2348023130016